

How do I do it?

1 Open an avocado and remove the pit from the center.

You can eat the fruit of the avocado! It's yummy and full of nutrients!



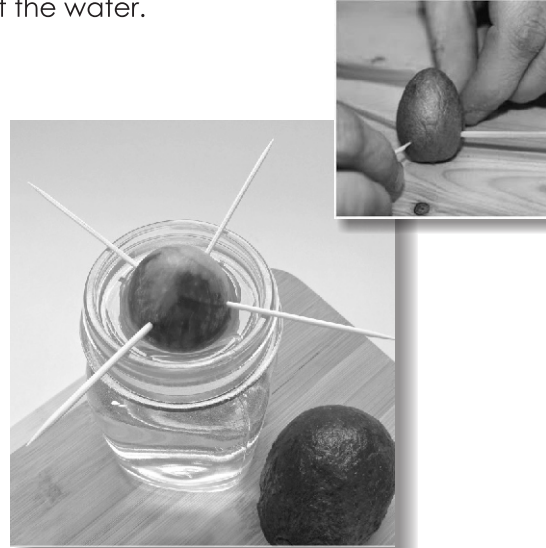
2 Wash the avocado pit under cool running water.



You don't need soap to clean it. With your fingers, gently wipe away and remove any of the green fruit that might be on the pit. Rinse it well and then blot it dry with a paper towel.

3 Carefully push 3 or 4 toothpicks into the thickest width of the avocado.

You want to push the toothpicks into the pit about 1/2" deep. It's okay if you push them in deeper or even a little less. The toothpicks will help suspend the avocado pit in water and keep the top part of the pit in fresh air and the fat base of the pit under the surface of the water.



4 Suspend the pit over a glass filled with water.

The toothpicks will rest on the rim of the glass and hold the pit in place so it doesn't sink to the bottom. Always check the water level in the glass and see that the water is covering the fat base of the pit by about an inch depth. If the water is below that level you'll need to add some water. Place the glass in a bright windowsill. In about 3 to 6 weeks the top of the pit will begin to split and a stem sprout will emerge from the top and roots will grow at the base.



5 Now it's time to plant the young avocado tree!

When the stem grows to about five or six inches, pinch out the top set of leaves. In another 2 or 3 weeks, new leaves will sprout and there will be more roots. This is the perfect time to plant the young tree in soil.